

In an emergency situation, such as a natural disaster, preparing items beforehand can help keep you and your family safe until you can get assistance.

Basic Kit

- Essential items needed for all situations FOOD – WATER – CLOTHING.
 - Canned food: 3-5 days worth don't forget a non-electric can opener
 - Water to last 3-5 days -- about 1 gallon of water per person per day
 - Any medications needed by family members (e.g., heart or high blood pressure medication, insulin, contact lens supplies)
 - □ A first aid kit and first aid manual.
 - Extra clothing

Other items to bring:

- A battery-powered radio
- Flashlight with extra batteries
- Cell phone with charger
- Mess kits or paper dining products (e.g., cups, plates, napkins)
- Personal hygiene supplies (e.g., soap, toothpaste, toilet paper, garbage bags, etc.)
- Hand sanitizer
- Sleeping bags or extra blankets
- Dust masks
- Duct tape
- Cash or traveler's checks

Additional items for infants:

- Bottles, formula, drinking water
- Diapers, ointments
- Medications

Special items for children:

- A favorite toy or blanket
- Colors and paper to help keep them busy while in the shelter

Don't forget items for pets.

 See 'Pet Emergency Plan and Supply Kit' handout (next page).

Place your kit in a central location.

- Let all of your family know where it is.
- Check the contents regularly to ensure fresh and complete supplies.

Gather important family documents:

- □ Will, insurance policies, contracts, deeds, stocks, bonds
- Passports, social security cards
- Immunization records
- Bank account numbers
- □ Credit card account numbers and companies
- Inventory of valuable household goods
- □ Important telephone numbers
- Family records (birth, marriage, death certificates, social security numbers)
- □ Keep these documents in a waterproof, fireproof, portable container.

Seasonal Items

- Spring/Summer
 - Mosquito protection: Insect repellant containing DEET or Picaridin, or long sleeved and long-legged clothing
 - Sunscreen, wide brim hat
- Winter
 - Extra blankets
 - Hats, gloves, scarves
 - □ Shovel, sand or cat litter

Emergency Kit for Your Car

- You may be away from home and in your car during an emergency situation.
- Keep these preparedness items in your car:
 - High energy foods (e.g., peanut butter, crackers, granola bars, trail mix) and water
 - □ Flares, booster cables, tools, maps
 - First aid kit, blankets
 - □ Flashlight and extra batteries
 - Seasonal items: sunscreen, shovels
- Keep your gas tank full, in case of emergency.

For More Information

Ready America: Get a Kit (FEMA)

http://www.ready.gov/america/getakit/

Assemble a Disaster Supplies Kit (FEMA)

http://www.fema.gov/plan/prepare/supplykit.shtm

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